

## GO Polar Bear Plunge Invitational - 2019-01-19 to 2019-01-20

## Go Polar Plunge Invitational

January 19-20, 2019

Meet Program - Go Polar Bear Invite: 13/over: Long Course

**Event 46 Women 13-14 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals Starts at 01:35 PM</b>			
1			___
2			___
3			___
4	GO	A	4:08.44
5	GO	B	4:21.42
6			___
7			___
8			___

**Event 47 Men 13-14 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals Starts at 01:40 PM</b>			
1			___
2			___
3			___
4	GO	A	3:52.27
5	GO	B	4:00.43
6			___
7			___
8			___

**Event 48 Women 15 & Over 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals Starts at 01:45 PM</b>			
2			___
3			___
4	GO	A	4:11.99
5	GO	B	4:30.30
6			___
7			___

**Event 49 Men 15 & Over 400 LC Meter Freestyle Relay**

Lane	Team	Relay	Seed Time
<b>Heat 1 of 1 Finals Starts at 01:50 PM</b>			
2			___
3			___
4	GO	A	3:58.03
5			___
6			___
7			___

**Event 50 Women 13 & Over 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals Starts at 01:54 PM</b>				
2				___
3	Weiss-Reid, Beatrice	13	GO	3:02.90
4	Peshev, Iva	13	GO	2:56.47
5	Lawford, Molly R	13	GO	2:56.47
6	Cyr, Emma	13	GO	NT
7				___

**Event 51 Men 13 & Over 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals Starts at 01:58 PM</b>				
2				___
3				___
4	Murphy, Riley	14	GO	3:21.08
5				___
6				___
7				___

**Event 52 Women 13 & Over 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Finals Starts at 02:01 PM</b>				
2	LeVasseur, Sophie	13	GO	4:04.89
3	Sadaka, Gabriella	13	GO	3:35.81
4	Leger, Paige	13	GO	3:21.04
5	Rene de Cotret, Elaina	13	GSH	3:23.17
6	Singh, Nigella	13	GO	3:46.06
7	Thomas, Caroline	13	GSH	NT
<b>Heat 2 of 5 Finals Starts at 02:06 PM</b>				
2	Garnett, Julia E	14	GSH	3:05.85
3	Planet, Camille	13	GO	3:04.61
4	Stintzi, Gabrielle M	15	GO	3:02.55
5	Dupuis, Erika	13	GO	3:03.16
6	Ellis, Eva	14	GO	3:04.69
7	Mundy, Jessica	13	GO	3:17.39
<b>Heat 3 of 5 Finals Starts at 02:10 PM</b>				
2	Zhou, Nadia	14	GO	3:01.22
3	David, Grace A	14	GO	2:59.25
4	Cox, Caitlin D	13	GSH	2:56.15
5	Paraskevas, Willow	13	GO	2:57.11
6	McKay, Emma J	13	GSH	3:00.53
7	Tingley, Zoe	13	GO	3:02.52



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## Heat 4 Finals (#52 Women 13 &amp; Over 200 LC Meter IM)

2	Walker, Kailey A	15	GO	2:54.59	___
3	Atkinson, Stephanie	15	GO	2:52.30	___
4	Forcese, Madeleine S	14	GO	2:51.75	___
5	Fazakas, Emma	14	GO	2:51.84	___
6	Lacka, Sydney	13	GO	2:52.41	___
7	Bordovsky, Ashley	15	GO	2:55.89	___

## Heat 5 of 5 Finals Starts at 02:16 PM

2	Cooke, Kendrick	17	GSH	2:48.42	___
3	Zou, Selena	15	GO	2:43.37	___
4	You, Sherry	17	GO	2:37.07	___
5	Braddon, Taylor G	13	GSH	2:42.42	___
6	You, Anita S	16	GO	2:44.82	___
7	Burr, Maggie-Mae C	16	GO	2:51.74	___

## Event 53 Men 13 &amp; Over 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 3 Finals Starts at 02:20 PM

2					___
3	Gelinas, Spencer J	13	GSH	NT	___
4	Cabedo, Mateo	14	GO	NT	___
5	Nguyen, Ryan	13	GSH	NT	___
6					___
7					___

## Heat 2 of 3 Finals Starts at 02:23 PM

2					___
3	Ng-A-Fook, Aidan	13	GO	3:19.61	___
4	Clarke, James	13	GSH	3:12.27	___
5	Charlebois, Damien	13	GO	3:13.43	___
6	Zheng, Sizhan	14	GSH	3:24.64	___
7					___

## Heat 3 of 3 Finals Starts at 02:27 PM

2	Zhang, Bryan	15	GO	2:50.24	___
3	Ocica, Marc	16	GO	2:39.09	___
4	Czoma, Zsombor	18	GO	2:14.56	___
5	Hallen, Oliver J	15	GO	2:30.13	___
6	Terrah, Moemen M	15	GSH	2:49.09	___
7	Burr, Thomas	13	GO	3:01.46	___

## Event 54 Women 13 &amp; Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 2 Finals Starts at 02:31 PM

2	Campbell, Maya M	15	GO	48.80	___
3	Drover, Willow	14	GO	47.90	___
4	Grenier, Sophie	13	GO	42.56	___
5	Shine, Livie E	13	GSH	43.37	___
6	Morin, Emma	14	GO	48.38	___
7					___

## Heat 2 of 2 Finals Starts at 02:32 PM

2	Yuan, Emily	13	GO	39.80	___
3	Davis, Olivia S	13	GO	35.93	___
4	Claassens, Talea	18	GO	32.50	___
5	Bensebaa, Leticia	13	GO	34.35	___
6	Knelsen, Teagan	14	GSH	38.28	___
7	Girvan, Josie E	14	GO	41.34	___

## Event 55 Men 13 &amp; Over 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 1 Finals Starts at 02:34 PM

2	Bertrand, Charles	14	GO	47.86	___
3	Bouchard, Charles-Olivier	13	GO	37.57	___
4	Dahlgren, Matthew J	14	GO	30.61	___
5	Zhou, Dawson	14	GO	32.80	___
6	Grenier, Samuel	15	GO	45.95	___
7	FanS14SB14SM14, Jack H	22	GSH	51.65	___

## Event 56 Women 13 &amp; Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 5 Finals Starts at 02:35 PM

2					___
3	Shapansky, Teagan	17	GO	NT	___
4	LeVasseur, Sophie	13	GO	2:03.61	___
5	Drover, Willow	14	GO	2:03.63	___
6					___
7					___

## Heat 2 of 5 Finals Starts at 02:38 PM

2					___
3	Mundy, Jessica	13	GO	1:51.08	___
4	Cole, Kitty	13	GSH	1:47.77	___
5	Garnett, Olivia	13	GSH	1:51.01	___
6	Morin, Emma	14	GO	1:52.35	___
7					___

## Heat 3 of 5 Finals Starts at 02:40 PM

2	Dupuis, Erika	13	GO	1:43.78	___
3	Tingley, Zoe	13	GO	1:41.61	___
4	Howe, Olivia G	13	GO	1:40.16	___
5	Ellis, Eva	14	GO	1:40.69	___
6	Davis, Olivia S	13	GO	1:42.08	___
7	Thomas, Caroline	13	GSH	1:46.41	___

## Heat 4 of 5 Finals Starts at 02:42 PM

2	Dobson, Gabrielle	13	GO	1:37.94	___
3	McKay, Emma J	13	GSH	1:35.51	___
4	Walker, Kailey A	15	GO	1:31.13	___
5	Weiss-Reid, Beatrice	13	GO	1:33.17	___
6	Small, Kendra	13	GSH	1:36.78	___
7	Paraskevas, Willow	13	GO	1:39.88	___



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**Heat 5 Finals (#56 Women 13 & Over 100 LC Meter Breaststroke)**

2	Yuan, Emily	13	GO	1:29.94	___
3	You, Sherry	17	GO	1:29.67	___
4	Bensebaa, Leticia	13	GO	1:24.89	___
5	Veilleux, Emily M	16	GO	1:26.25	___
6	Planet, Camille	13	GO	1:29.83	___
7	Cyr, Emma	13	GO	1:30.39	___

**Event 57 Men 13 & Over 100 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals Starts at 02:46 PM**

2	Murphy, Riley	14	GO	1:42.94	___
3	Zheng, Sizhan	14	GSH	1:39.58	___
4	Gelinas, Spencer J	13	GSH	1:35.30	___
5	Fans14SB14SM14, Jack H	22	GSH	1:38.43	___
6	Charlebois, Damien	13	GO	1:39.75	___
7	Bernard, Samuel	15	GO	NT	___

**Heat 2 of 3 Finals Starts at 02:49 PM**

2	Mullen, Evan	14	GO	1:32.93	___
3	Nguyen, Ryan	13	GSH	1:25.51	___
4	Lett, Steven T	14	GO	1:23.52	___
5	Zhang, Bryan	15	GO	1:25.34	___
6	Terrah, Ahmed M	13	GSH	1:31.32	___
7	Huang, Jeffrey	14	GO	1:34.19	___

**Heat 3 of 3 Finals Starts at 02:51 PM**

2	Ocica, Marc	16	GO	1:22.68	___
3	Hallen, Oliver J	15	GO	1:21.28	___
4	Giles, Cale C	15	GSH	1:10.57	___
5	Czoma, Zsombor	18	GO	1:11.15	___
6	Bouchard, Charles-Olivier	13	GO	1:21.57	___
7	Terrah, Moemen M	15	GSH	1:23.51	___

**Event 58 Women 13 & Over 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals Starts at 02:52 PM**

2					___
3	Singh, Nigella	13	GO	3:52.87	___
4	Garnett, Olivia	13	GSH	3:25.30	___
5	Sadaka, Gabriella	13	GO	3:39.83	___
6					___
7					___

**Heat 2 of 5 Finals Starts at 02:57 PM**

2	Zhou, Nadia	14	GO	3:16.69	___
3	Small, Kendra	13	GSH	3:11.32	___
4	Cole, Kitty	13	GSH	3:07.30	___
5	Leger, Paige	13	GO	3:11.25	___
6	Shine, Livie E	13	GSH	3:15.90	___
7					___

**Heat 3 of 5 Finals Starts at 03:01 PM**

2	Garnett, Julia E	14	GSH	3:02.85	___
3	Stintzi, Gabrielle M	15	GO	3:00.46	___
4	Peshev, Iva	13	GO	2:56.90	___
5	Grenier, Sophie	13	GO	2:58.66	___
6	Patry, Joanne	13	GO	3:02.32	___
7	Lawford, Molly R	13	GO	3:04.21	___

**Heat 4 of 5 Finals Starts at 03:05 PM**

2	You, Anita S	16	GO	2:52.63	___
3	Forcese, Madeleine S	14	GO	2:51.72	___
4	Atkinson, Stephanie	15	GO	2:48.96	___
5	Liu, Yuqing Lisa	14	GO	2:50.62	___
6	Fazakas, Emma	14	GO	2:52.11	___
7	Bordovsky, Ashley	15	GO	2:53.04	___

**Heat 5 of 5 Finals Starts at 03:09 PM**

2	Weiss-Reid, Beatrice	13	GO	2:48.46	___
3	Cox, Caitlin D	13	GSH	2:45.07	___
4	Claassens, Talea	18	GO	2:25.00	___
5	Braddon, Taylor G	13	GSH	2:33.92	___
6	Zou, Selena	15	GO	2:47.53	___
7	Knelsen, Teagan	14	GSH	2:48.71	___

**Event 59 Men 13 & Over 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals Starts at 03:13 PM**

2	Nguyen, Ryan	13	GSH	NT	___
3	Clarke, James	13	GSH	3:53.01	___
4	Terrah, Ahmed M	13	GSH	2:58.94	___
5	Burr, Thomas	13	GO	3:01.56	___
6	Cabedo, Mateo	14	GO	NT	___
7					___

**Heat 2 of 2 Finals Starts at 03:17 PM**

2	Grenier, Samuel	15	GO	2:57.23	___
3	Huang, Jeffrey	14	GO	2:42.06	___
4	Zhou, Dawson	14	GO	2:27.16	___
5	Dahlgren, Matthew J	14	GO	2:30.78	___
6	Bertrand, Charles	14	GO	2:44.09	___
7	Le, Tam-Kien T	15	GO	2:58.74	___

**Event 60 Women 13 & Over 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 6 Finals Starts at 03:21 PM**

2					___
3	Shapansky, Teagan	17	GO	NT	___
4	Drover, Willow	14	GO	1:27.98	___
5	LeVasseur, Sophie	13	GO	1:33.02	___
6					___
7					___



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**Heat 2 Finals (#60 Women 13 & Over 100 LC Meter Freestyle)**

2			___
3	Morin, Emma	14 GO	1:22.27 ___
4	Mundy, Jessica	13 GO	1:20.05 ___
5	Thomas, Caroline	13 GSH	1:21.49 ___
6	Sadaka, Gabriella	13 GO	1:24.29 ___
7			___

**Heat 3 of 6 Finals Starts at 03:25 PM**

2	Garnett, Julia E	14 GSH	1:18.09 ___
3	Girvan, Josie E	14 GO	1:13.67 ___
4	Dobson, Gabrielle	13 GO	1:13.25 ___
5	McKay, Emma J	13 GSH	1:13.51 ___
6	Rene de Cotret, Elaina	13 GSH	1:16.72 ___
7	Singh, Nigella	13 GO	1:18.11 ___

**Heat 4 of 6 Finals Starts at 03:27 PM**

2	Campbell, Maya M	15 GO	1:12.84 ___
3	Cox, Caitlin D	13 GSH	1:12.10 ___
4	Tingley, Zoe	13 GO	1:11.50 ___
5	Leger, Paige	13 GO	1:11.75 ___
6	Knelsen, Teagan	14 GSH	1:12.23 ___
7	Cole, Kitty	13 GSH	1:13.13 ___

**Heat 5 of 6 Finals Starts at 03:28 PM**

2	Stintzi, Gabrielle M	15 GO	1:10.85 ___
3	Zhou, Nadia	14 GO	1:09.82 ___
4	Liu, Yuqing Lisa	14 GO	1:09.40 ___
5	Walker, Kailey A	15 GO	1:09.66 ___
6	Burr, Maggie-Mae C	16 GO	1:09.96 ___
7	Dupuis, Erika	13 GO	1:11.18 ___

**Heat 6 of 6 Finals Starts at 03:30 PM**

2	Lacka, Sydney	13 GO	1:06.86 ___
3	Veilleux, Emily M	16 GO	1:05.68 ___
4	Cooke, Kendrick	17 GSH	1:03.64 ___
5	Yuan, Emily	13 GO	1:05.26 ___
6	David, Grace A	14 GO	1:05.99 ___
7	Bordovsky, Ashley	15 GO	1:07.19 ___

**Event 61 Men 13 & Over 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals Starts at 03:31 PM**

2				___
3	Cabedo, Mateo	14 GO	NT	___
4	Gelinas, Spencer J	13 GSH	1:16.57	___
5	Charlebois, Damien	13 GO	1:17.66	___
6				___
7				___

**Heat 2 of 3 Finals Starts at 03:33 PM**

2	Ng-A-Fook, Aidan	13 GO	1:13.74 ___
3	Zhang, Bryan	15 GO	1:05.85 ___
4	Grenier, Samuel	15 GO	1:04.20 ___
5	Mullen, Evan	14 GO	1:05.05 ___
6	Terrah, Ahmed M	13 GSH	1:11.51 ___
7	Zheng, Sizhan	14 GSH	1:15.04 ___

**Heat 3 of 3 Finals Starts at 03:35 PM**

2	Bernard, Samuel	15 GO	1:00.33 ___
3	Giles, Cale C	15 GSH	57.27 ___
4	Zheng, Allen	17 GSH	51.23 ___
5	Czoma, Zsombor	18 GO	54.67 ___
6	Le, Tam-Kien T	15 GO	58.70 ___
7	Terrah, Moemen M	15 GSH	1:03.49 ___

**Event 62 Women 13 & Over 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals Starts at 03:36 PM**

2				___
3	Shine, Livie E	13 GSH	1:03.31	___
4	Campbell, Maya M	15 GO	53.07	___
5	Garnett, Olivia	13 GSH	53.32	___
6				___
7				___

**Heat 2 of 4 Finals Starts at 03:38 PM**

2	Rene de Cotret, Elaina	13 GSH	43.28	___
3	Ellis, Eva	14 GO	38.03	___
4	Patry, Joanne	13 GO	37.03	___
5	Burr, Maggie-Mae C	16 GO	37.71	___
6	Paraskevas, Willow	13 GO	40.54	___
7	Davis, Olivia S	13 GO	45.82	___

**Heat 3 of 4 Finals Starts at 03:39 PM**

2	Cooke, Kendrick	17 GSH	35.99	___
3	Howe, Olivia G	13 GO	35.17	___
4	Veilleux, Emily M	16 GO	33.43	___
5	You, Anita S	16 GO	33.97	___
6	Lawford, Molly R	13 GO	35.71	___
7	Liu, Yuqing Lisa	14 GO	36.00	___

**Heat 4 of 4 Finals Starts at 03:40 PM**

2	You, Sherry	17 GO	32.80	___
3	Atkinson, Stephanie	15 GO	32.03	___
4	Bensebaa, Leticia	13 GO	31.45	___
5	Claassens, Talea	18 GO	32.00	___
6	Zou, Selena	15 GO	32.38	___
7	Forcese, Madeleine S	14 GO	33.38	___



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**Event 63 Men 13 & Over 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Finals Starts at 03:41 PM</b>				
2				___
3	Burr, Thomas	13	GO	53.75 ___
4	Clarke, James	13	GSH	45.45 ___
5	Ng-A-Fook, Aidan	13	GO	48.95 ___
6				___
7				___
<b>Heat 2 of 3 Finals Starts at 03:42 PM</b>				
2	FanS14SB14SM14, Jack H	22	GSH	45.03 ___
3	Mullen, Evan	14	GO	33.49 ___
4	Zhou, Dawson	14	GO	32.47 ___
5	Bertrand, Charles	14	GO	33.00 ___
6	Hallen, Oliver J	15	GO	33.95 ___
7				___
<b>Heat 3 of 3 Finals Starts at 03:44 PM</b>				
2	Huang, Jeffrey	14	GO	31.04 ___
3	Le, Tam-Kien T	15	GO	29.21 ___
4	Bouchard, Charles-Olivier	13	GO	28.24 ___
5	Dahlgren, Matthew J	14	GO	28.51 ___
6	Lett, Steven T	14	GO	29.72 ___
7	Ocica, Marc	16	GO	32.35 ___

**Event 64 Women 13 & Over 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Finals Starts at 03:45 PM</b>				
2	Planet, Camille	13	GO	NT ___
3	Dobson, Gabrielle	13	GO	NT ___
4	David, Grace A	14	GO	6:26.83 ___
5	Small, Kendra	13	GSH	6:54.92 ___
6	Lacka, Sydney	13	GO	NT ___
7	Peshev, Iva	13	GO	NT ___
<b>Heat 2 of 2 Finals Starts at 03:52 PM</b>				
2	Howe, Olivia G	13	GO	6:21.80 ___
3	Grenier, Sophie	13	GO	6:06.85 ___
4	Braddon, Taylor G	13	GSH	6:03.27 ___
5	Cyr, Emma	13	GO	6:05.02 ___
6	Fazakas, Emma	14	GO	6:14.88 ___
7	Patry, Joanne	13	GO	6:22.35 ___

**Event 65 Men 13 & Over 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Finals Starts at 03:59 PM</b>				
2	Bernard, Samuel	15	GO	NT ___
3	Zheng, Allen	17	GSH	5:49.58 ___
4	Giles, Cale C	15	GSH	5:31.15 ___
5	Lett, Steven T	14	GO	5:31.56 ___
6	Murphy, Riley	14	GO	5:52.94 ___
7				___

